Bridges Suggested Book List- DRAFT

Books to explore using...

- Emotion Statues
- The Emotion Mapping Tool
- 5 shapes many expressions
- 2-face puppets



Book / Author	Grade level	Description Why is it great? How is it useful?
The Way I Feel by Janan Cain	Kinder 1st gr. 2nd gr.	 From GoodReads: Feelings are neither good nor bad, they simply are. Kids need words to name their feelings, just as they need words to name all things in their world. The Way I Feel uses strong, colorful, and expressive images which go along with simple verses to help children connect the word and the emotion. Your child will learn useful words, and you will have many chances to open conversations about what's going on in her/his life. Recommended by parents, teachers and mental health professionals, The Way I Feel is a valuable addition to anyone's library. This book is ideal for children with autism. <i>Teaching Artist Rima Fand says:</i> Each page of this book reveals a different feeling, with a few lines of text that create a scenario for the emotion, and wonderfully expressive artwork. We looked at a few pages of this book each day, right before doing the emotion statue warm up, to help give students a sense of emotion words that may have been less familiar to them.
GLAP MONSTER, Received and Anne Miranda	Kinder 1st gr. 2nd gr.	 From Good Reads: Glad, sad, silly, mad - monsters have all kinds of different feelings! In this innovative die-cut book, featuring a snazzy foil cover, you'll try on funny masks as you walk through the wide range of moods all little monsters (and kids!) experience Teaching Artist Sarah Provost says: Kindergarten and 1st graders had fun making monster masks or puppets with feelings that don't have to be realistic or human looking. I've also used this book to inspire non-realistic torn paper collage faces.

The Queen of Colors By Jutta Bauer		<i>From GoodReads:</i> Matilda, the Queen of Colors, has a color for her every mood—she calls for Blue when she's calm, Red when she's wild, and Yellow when she wants to be warm. But when Matilda and Yellow begin to quarrel, not even Blue and Red can stop the argument. And before long everything in the kingdom turns Gray, until Matilda cries tears—bright colorful tears. <i>Teaching Artist Ron Sopyla says:</i> Jutta Bauer explores the connections between colors and feelings. The book is a good introduction for art projects designed to connect color and emotion. Simple, but wacky illustrations.
The Feelings Book	Pre-K Kinder	 From GoodReads: A surprising and silly book about moods, featuring such musings as "Sometimes I feel like staying in the bathtub all day", and "Sometimes I feel brave", illustrated with bold, bright, childlike drawings. Perfect for parents and teachers to use as a springboard for discussion about feelings. Teaching Artist Sarah Provost loves the simple, colorful pictures and uses this book with Pre-K and Kindergarten.
The Recess Queen by Alexis O'Neill	1st gr. 2nd gr.	 From GoodReads: A fresh & original twist on the common issue of bullying. Kids will relate, & parents & teachers will appreciate the story's deft handling of conflict resolution (which happens w/o adult intervention). The Bridges Team says: Familiar to children using scenarios that evoke big emotions and emotional shifts in the characters. The emotion vocabulary in the book itself is limited but you can introduce advanced vocab for what the characters are feeling. Also lots of fun words and sounds to make in this book. Students loved the visuals in the book! The facial expressions of the characters stimulated lively vocabulary responses. Students also liked the surprisingly loving ending the book had.

Jabari Jumps by Gaia Cornwall	Kinder 1st gr 2nd gr	 From GoodReads: Working up the courage to take a big, important leap is hard, but Jabari is almost absolutely ready to make a giant splash. In a sweetly appealing tale of overcoming your fears, newcomer Gaia Cornwall captures a moment between a patient and encouraging father and a determined little boy you can't help but root for. Teaching Artist Erin Orr says: A wonderful exploration of all the emotions that come up when you are learning something new and taking a risk!
RED Lollings The Big Red Lollipop by Rukhsana Kahn	1st gr. 2nd gr.	 From GoodReads: Rubina has been invited to her first birthday party, and her mother, Ami, insists that she bring her little sister along. Rubina is mortified, but she can't convince Ami that you just don't bring your younger sister to your friend's party. So both girls go, and not only does Sana demand to win every game, but after the party she steals Rubina's prized party favor, a red lollipop. What's a fed-up big sister to do? Rukhsana Khan's clever story and Sophie Blackall's irresistible illustrations make for a powerful combination in this fresh and surprising picture book. Teaching Artist Erin Orr says: Deals with familiar emotions having to do with siblings, sharing, the need for independence and the challenges of reconciling home culture and school culture.
A Chair for my Mother by Vera B. Williams	1st gr. 2nd gr.	 From GoodReads: After their home is destroyed by a fire, Rosa, her mother and grandmother save their coins to buy a really comfortable chair for all to enjoy. Teaching Artist Ron Sopyla says: What I really love about this book is it's portrayal of a blue collar family, coping with adversity with courage and nickel and dime resilience, and with the help of their community of family and friends, finding joy in simple pleasures Growing up in a blue collar family, I rarely saw images of my life in literature. But these are often the families Vera B Williams portrays. The prose is simple and strong. It feels like home.

More More More Said the Baby by Vera B. Williams	 From GoodReads: From beneath the tickles, kisses, and unfettered affection showered on them by grownups, the children in Vera B. Williams'Caldecott Honor Book cry out for more more more! The stars of three little love stories - toddlers with nicknames like "Little Pumpkin" - run giggling until they are scooped up by adoring adults to be swung around, kissed, and finally tucked into bed. Quirky watercolor drawings and colorful text feature multiethnic families, and young readers will rejoice in seeing the center of all the attention: the wiggly, chubby, irresistible toddlers. Teaching Artist Ron Sopyla says: In simple prose that borders on poetry, Vera Williams explore the love families, fathers mothers, and grandparents have for their babies. The characters come from diverse backgrounds that reflect the cultures of NYC. The people look like us.
ALEPHANT & PICGE My Friend Is Sad	From GoodReads:Gerald is careful. Piggie is not.Piggie cannot help smiling. Gerald can.Gerald worries so that Piggie does not have to.Gerald and Piggie are best friends.In My Friend is Sad, elephant Gerald is down in the dumps. Piggie is determined to cheer him up by dressing as a cowboy, a clown, and even a robot! But what does it take to make a sad elephant happy? The answer will make even pessimistic elephants smile.Recommended by classroom teachers who participated in the bridges research.
-ELEPHANTE PRCATC Waiting Is Not Easy!	 From GoodReads: Gerald is careful. Piggie is not. Piggie cannot help smiling. Gerald can. Gerald worries so that Piggie does not have to. Gerald and Piggie are best friends. In Waiting Is Not Easy!, Piggie has a surprise for Gerald, but he is going to have to wait for it. And Wait. And wait some more Teaching Artist Ron Sopyla says: What is so much fun about this book are the expressions on Elephant's face. They express an entire range of emotions, from pleased, to overjoyed, anxious, despairing, furious, exasperated, petulant. These provide wonderful words to be acted out, and some context for these feelings. I would love to see the expressions on Elephant's face out, then mounted on the Emotional Mapping Tool. They could , of course, be acted out by the children. Challenges could be set to express these faces using the 5-shapes many emotions activity.

Chrysanthemum by Kevin Henkes	1st gr. 2nd gr.	 From GoodReads: Written and illustrated by Kevin Henkes, the nationally bestselling and celebrated creator of <i>Lilly's Purple Plastic Purse, Owen</i>, and <i>Kitten's First Full Moon, Chrysanthemum</i> is a funny and honest school story about teasing, self-esteem, and acceptance to share all year round. Bridges Team says: Deals with familiar but BIG emotions about going to school. It is also a wonderful entree into an exploration of character traits.
LILLY'S PURPLE PLASTIC PURSE BY KEVIN HENKES LIIIV'S Plastic Purple Purse by Kevin Henkes	1st gr. 2nd gr.	 From GoodReads: Lilly loves everything about school, especially her cool teacher, Mr. Slinger. But when Lilly brings her purple plastic purse and its treasures to school and can't wait until sharing time, Mr. Slinger confiscates her prized possessions. Lilly's fury leads to revenge and then to remorse and she sets out to make amends. <i>Teaching Artist Ron Sopyla says:</i> The children could do a series of Emotion Statues charting Lily's changing emotions through the story, adoration, pride and pizzazz, frustration, anger, malice, shock, shame, contrition, pride, glee. The children could write or illustrate, or dramatize with puppets a series of emotions wrapped around a favorite object of theirs. What would their corresponding object to a purple plastic purse be? Could they make a puppet or a setting of it? What stories does it evoke?
Today I Feel Silly Softer MOODS ILst Make My Day Today I Feel Silly & other Moods that Make My Day By Jamie Lee Curtis:		From GoodReads: Today I feel silly. Mom says its the heat. I put rouge on the cat and gloves on my feet. Silly, cranky, excited, or sad everyone has moods that can change each day. Jamie Lee Curtis's zany and touching verse, paired with Laura Cornell's whimsical and original illustrations, helps kids explore, identify, and have fun with their ever-changing moods. So how do you feel today? Are you happy and walking on air? Or lonely and feeling very small? Or perhaps you just can't help feeling very very silly! AGE 3-7 Teaching Artists Ron Sopyla says: A funny book! Wonderful, detailed illustrations about a child experiencing a variety of moods from frustrated to full of pizzazz. Each mood is described and given a rich context that helps explain the feeling and can elicit conversation. The book is written as a series of poems about each mood, but unlike many children's books written as poetry, THIS poetry is good, rollicking and funny.

A Little Spot of Feelings by Diane Alber		 Teaching Artist Sara Jane Munford says: In this book, little scribble SPOT helps the reader learn to be an emotion detective! This book helps children recognize feelings in themselves and others, focusing on facial expression and physical experience. Great for deepening descriptive language around feelings and emotions. Teaching artist Ron Sopyla says: This is a great book for a companion piece to the Bridges curriculum. It discusses the importance of recognizing emotional states in ourselves and others, and gives descriptions based on facial expression and body language for recognizing emotional states. It also gives examples of situations where certain feelings might arise. There is a sample of an Emotional Mapping Tool and a wide array of vocabulary that can be used to describe feelings. The mapping tool in the book differs from the Bridges tool in that it is color coded (You may or may not agree with the color coding) and lacks the levels of feelings used on the Bridges chart. The physical descriptions of emotional expressions can serve as a very basic springboard for the teachers to use when describing the acting choices the children make when creating Emotional Statues. The Emotions chart in the book can serve as an introduction to the Bridges Mapping tool. It would be easy to use the book as a basis for all of the Bridges activities. One new possible activity could be creating an Emotional mapping tool using photographs of the kids' faces as they are acting out different emotions.
Image: Charlotte's Web by E.B. White	2nd	 From GoodReads: Some Pig. Humble. Radiant. These are the words in Charlotte's Web, high up in Zuckerman's barn. Charlotte's spider web tells of her feelings for a little pig named Wilbur, who simply wants a friend. They also express the love of a girl named Fern, who saved Wilbur's life when he was born the runt of his litter. Bridges Team says: Beautiful descriptive writing about a variety of settings: farmhouses, farmyards, barns, fairgrounds. Full of advanced emotion vocabulary with lots of context to make it meaningful. We used this book with 2nd graders and explored settings and story sequence through sensory journey games and drawing. Once the settings and puppets were finished we put them together and explored a variety of problems that could happen in them. For example - what can happen when the farmer doesn't wake up to feed the animals? This book was also a perfect book for a class to explore group work. The settings, relationships and seasons change. Groups made their settings, puppets and explored the storyline and then shared their puppetry creations.

THE RABBIT LISTENED		<i>From GoodReads:</i> With its spare, poignant text and irresistibly sweet illustrations, The Rabbit Listened is a tender meditation on loss. When something terrible happens, Taylor doesn't know where to turn. All the animals are sure they have the answer. The chicken wants to talk it out, but Taylor doesn't feel like chatting. The bear thinks Taylor should get angry, but that's not quite right either. One by one, the animals try to tell Taylor how to process this loss, and one by one they fail. Then the rabbit arrives. All the rabbit does is listen, which is just what Taylor needs. Whether read in the wake of tragedy or as a primer for comforting others, this is a deeply moving and unforgettable story sure to soothe heartache of all sizes.
		Teaching artist Ron Sopyla says: This would be a fine book for kindergarten or even pre-K children when discussing SEL topics. After a flock of birds swoops through and destroys a boy's amazing block construction, he closes down emotionally. An array of animals comes and each advises the child on how to respond. He remains closed down until a rabbit gently approaches and just sits next to the child. Then the child opens up, and expresses all the different responses the other other animal suggested. The rabbit just listens, then the boy calms down, and decides to rebuild his structure, in an even more amazing way. This book could be used as a spur for Emotional Statues, as the children act out the emotions felt by the boy, from resignation to rage. They could use the shapes to create faces expressive of the different emotions. They could map the emotions on the emotion chart. The book would also be useful just as a way of opening up a discussion on feelings, "How would you feel if this happened to you? How would you respond?"
Alexander, Who Used to Be Rich Last Sunday UDTH VIORT Alexander Who Used to be Rich Last Sunday by Judith Viortst	2nd gr.	 From GoodReads: Last Sunday, Alexander's grandparents gave him a dollar and he was rich. There were so many things that he could do with all of that money! He could buy as much gum as he wanted, or even a walkie-talkie, if he saved enough. But somehow the money began to disappear Readers of all ages will be delighted by this attractive new edition of Judith Viorst's beloved picture book. Recommended by classroom teachers who participated in the bridges research.



When Sophie Gets Really Really Angry

By Molly Bang

From GoodReads:

This beautifully designed book tells the story of a little girl named Sophie, who learns that it's okay to be angry. Everybody gets angry sometimes. For children, anger can be very upsetting. Parents, teachers, and children can talk about it. People do lots of different things when they get angry. In this Caldecott Honor book, kids will see what Sophie does when she gets angry. What do you do?

Teaching Artist Ron Sopyla Says: The story contextualizes anger, it gives reasons for getting angry and the stages of anger, from upset to rage. Then it continues exploring the emotion in decline, from despair to content. The exploration of emotion fits perfectly with Emotion Statues, the emotional mapping tool. The kids could also explore using shapes to show the different stages of Sophie's emotions. And even make corresponding two faced puppets, raging on one side and content on the other. It could be fun and interesting to have the kids ponder their own emotional journeys into and out of anger. What makes them really angry? How do they calm themselves? The same activities suggested for Sophie's emotions could be applied to theirs. Also look at When Sophie's Feelings Get Hurt. Sophie's teacher gives them an assignment to observe their favorite tree and draw it from memory. When Sophie paints her tree she uses colors to show her feelings about the tree. The other kids laugh at her choices. The wise teacher (surely a Bridges graduate!) Asks Sophie to talk about her picture. Sophie describes her tree and the reasons for her color choices. The work of the other children is discussed in a similar way. This models a Bridges reflection on the art work we create.