

Steps for...

MAPPING ADVANCED EMOTION VOCABULARY



Do before-

Play The Statues Game (Introducing advanced emotion vocabulary) with your class first, so that your students can refer back to that kinesthetic experience during this activity.

Timing

1-2 minutes to review core emotion words.

2-3 minutes to review & place *each advanced emotion word*

Space- Make sure the students can all see The Emotion Mapping Tool

1. INTRODUCE THE MAPPING TOOL:

Review the core emotions by looking at the core emotion emojis on the mapping tool.

Sample Script (2 minutes)

- Look at the emojis in this middle row. We know all of these feelings!
- Let's make a _____ face (point to the emoji)
- I see _____ (briefly describe kids' facial expressions)
- Wipe it away!

Repeat with remaining words (Sad, Happy, Mad, Disgusted, Scared, Surprised, Confused). Optional variation- review the core emotions in pairs

2. MAP AN ADVANCED EMOTION WORD

Sample Script (3 minutes)

- **SAY** "Let's read this word together. _____!"
- **CONTEXT**
option 1: "Shocked is one of the statues we made! We were _____ when we _____?"
option 2: "When have YOU felt _____?"
- **RANGE** "What kind of feeling is _____? Is it a happy feeling? Sad? Mad? Scared? Surprised? Confused? Disgusted? Does _____ feel good in your body or not so good?"
- **SCALE** "Is _____ just a little bit _____?" (move the emotion word card down to the subtle emoji) "Or is it super-duper _____?" (move the emotion word up to the extreme emoji)

(Attach the word to the map in the spot that the class has decided on. Remember that it is an option to place the word in more than one core emotion category or in between.)

3. MAP A CONTRASTING SYNONYM:

Repeat step 2 with a contrasting synonym. (3 minutes)

Options to help students compare and contrast...

- **Ask** "Is pleased more happy (move card up) or less happy (move card down) than ecstatic?"
- **Embody** "Let's show ecstatic with our bodies. Now let's show pleased."
- **Notice** "Which has more energy; ecstatic or pleased?"

(If it takes more energy it belongs higher on the map. If it takes less energy it belongs lower.)

4. REPEAT steps 2 and 3 with remaining pairs of contrasting synonyms